

## Lesson Two

### Bible Intake

### You need Vitamin B

- A. Three reasons why we should read the Bible:
1. The Bible is inspired by God, (II Tim. 3:16-17).
  2. The Bible is more importance that food, (Matt. 5:18).
  3. Reading the word brings blessing, (Rev. 1:3).
- B. Three practical ways to develop spiritual discipline for reading God's word, (Psalm 119).
1. Find time to read, (Psalm 1)
  2. Find a Bible reading plan-
  3. Find at least one word, phrase or verse to meditate on each time you read, (Psalm 1)
- I. Study God's word! (II Timothy 2:15)
- A. There a difference between reading and studying God's word:

1. Ezra was a student of God's word, (Ezra 7:10)  
“For Ezra had prepared his heart to seek the Law of the LORD, and to do *it*, and to teach statutes and ordinances in Israel.
2. The Bereans were students of the word, “These were more fair-minded than those in Thessalonica, in that they received the word with all readiness, and searched the Scriptures daily *to find out* whether these things were so.  
<sup>12</sup> Therefore many of them believed, and also not a few of the Greeks, prominent women as well as men.
3. The Apostle remained a student of the word of God until he died, “When you come, bring the coat I left with Carpus in Troas, as well as the scrolls and especially the parchments,”  
(II Timothy 4:13).

## **Assignment for week 2**

What is one thing you can do to improve your intake of God's word? Have you chosen a reading plan, if so what is it?